

LEARNING PREFERENCES

A Gentle Guide for Homeschool Families

Observe. Experiment. Adjust. Children are not fixed learning types. These are simply clues that can help you notice what supports engagement, understanding, and confidence.

VISUAL Connects with what they see. You might notice: • Watches closely during lessons • Loves pictures, diagrams, or videos • Remembers visual details • Understands better with examples Try: Diagrams, maps, picture books, demonstrations, color-coding, visual checklists	AUDITORY Connects through sound and conversation. You might notice: • Remembers stories or conversations • Enjoys read-alouds, songs, or rhymes • Talks through problems • Asks lots of questions Try: Read-alouds, audiobooks, discussion, narration, songs, talking through concepts	KINESTHETIC Connects through movement and hands-on work. You might notice: • Loves hands-on activities • Learns by doing, building, or exploring • Thinks better when moving • Struggles with long sitting Try: Manipulatives, building, experiments, movement breaks, role-play
CREATIVE Connects through imagination and expression. You might notice: • Loves drawing, storytelling, or pretend play • Adds imagination to everything • Makes connections through humor • Gets bored with rigid lessons Try: Art, stories, drama, open-ended projects, creative choices	INDEPENDENT Connects through self-direction and quiet focus. You might notice: • Enjoys working alone • Likes clear instructions • Enjoys checklists or step-by-step tasks • Gets frustrated with interruptions Try: Independent work time, checklists, small goals, quiet learning blocks	GENTLE Connects best in a calm, nurturing environment. You might notice: • Gets overwhelmed by fast pacing • Needs breaks or shorter lessons • Thrives in peaceful environments • Responds strongly to tone Try: Short lessons, gentle transitions, breaks, quiet time, less pressure

A QUICK OBSERVATION CHECK

☐ Does my child ask me to show them?	☐ Do they want to talk it through?	☐ Do they understand better when they can move or build?
☐ Do they light up when they can create?	☐ Do they prefer quiet independence?	☐ Do they need a calm pace or environment?

MOST CHILDREN ARE A BLEND The goal is not to label. Notice what helps, try different approaches, and let your child use many ways of learning.	My child seems to enjoy: _____ One thing I'll try: _____
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"The goal isn't to discover a box and put your child inside it. The goal is to know your child well."

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